

CHARLES RUITERS

LEADERSHIP & EXECUTIVE
COACH, MENTOR COACH
& SUPERVISOR



CONTACT

key2advance Profile:

<https://www.key2advance.com/charles-ruiters>

CURRENT PROJECTS

Coaching and training to support personal growth, personal leadership, strategic thinking, relationship management, self-confident, responsibility, emotional regulation, resilience and effective communication.

EDUCATION

- Professional Supervisor - Associatie voor Coaching - 2022
- ICF MCC mentor coaching traject - Associatie voor Coaching - 2022
- Professional trainer - Consciousness Coaching® Academy - 2015
- ICF ACTP Consciousness Coach - Creative Consciousness® Int. - 2011
- Business Administration - Open University Netherlands - 1999
- Civil Engineering - Delft University of Technology - 1990

MEDIA AND PUBLICATIONS

Book (in Dutch) 2019 'Goodmorning - what will make today a special day?'

ABOUT ME

Charles's professional experience covers more than 30 years within internationally operating organizations, in various positions such as engineer, project manager, and manager. He then changed course and founded a successful training company in personal development and professional ICF-accredited coaching.

Charles has been training and coaching entrepreneurs, managers, and young professionals for more than 15 years in the field of personal growth, authentic leadership, relationship management, and effective communication.

Charles creates a calm, safe, and open atmosphere to explore and discover. He is the coach who knows how to tilt your issue to multiple perspectives. His warm presence and open, alert questioning offer you plenty of space to gain insights, revise your beliefs and trust yourself. With his infectious enthusiasm, pleasant energy, and sense of life, he knows how to touch everyone who crosses his path.

Coaching Philosophy:

"For me, coaching is about opening up, connecting, and focusing on what works. This of course differs from person to person. Listening, not having an agenda, not being judgmental and asking the right, empowering questions - that's how my coaching supports your process quickly, effectively, and successfully."

Q&A

1) How did you get involved in key2advance?

One of the key2advance trainers introduced me to Mona Shair-Wloch. We met on a terrace in Maastricht on a sunny day - and we noticed we had a lot in common and could support each other. Mona already had some ideas to use my experience as a coach, mentor, and supervisor to support all coaches within k2a. Within a week she created an opportunity for me to deliver a Monthly Muse - a get-together of all coaches to dive deep into ICF core competences..

2) What experience do you bring to the community?

I have a technical background - being a Civil Engineer, studied in Delft and have a work experience within the corporate world. However the experience I bring into is my coaching background - I simply love coaching. Coaching is a way of life to me. I also bring in the experience of being an accredited ESIA supervisor and qualified ICF / EMCC coach trainer.

3) What value does coaching and training bring to your clients?

As a coach I am a partner, we meet shoulder-to-shoulder, and work on topics that are important to my client. Coaching is not a concept - it's like a dance that happens in the moment. Giving space to what is, without any judgment - allowing it to be - is sometimes all that is needed to shift that what is underneath. The added value from coaching comes in many ways - if not in the session, the process continues outside the session.

4) How do you work with your clients to ensure the perfect session?

Creating a sacred space is important. A space for the client to feel safe, being seen and heard, allowing the client to be who he/she is without judgment, creating inclusion and appreciation.

This request from me as the coach is to have space, be available to receive and listen, and be present, vulnerable, honest, authentic, and true. Who I am in a coaching session determines where my client can be during the session. As a coach, I am a source and a possibility for my client. If I am all that (and more) - every session is the exact session that needs to happen for this client.

5) What's your favourite part of being part of the key2advance community?

I appreciate the way key2advance allows me to be part of the community. I appreciate the personal notes that I get from several people - sometimes someone asks for support, sometimes there is the reminder if I need support - these moments of 'being there for each other' are my favorite.

Charles